

# Shelanu's Menu

*Kosher & Chalav Yisrael*

## **1. BREAKFAST**

- |   |       |
|---|-------|
| 1.1 Choice of omelet- served with bread, butter and green salad<br>plain; onion & tomato; fresh herbs; cheese | 185,- |
| 1.2 Oriental omelet – with sautéed tomatoes, peppers, zucchini and eggplant                                   | 195,- |
| 1.3 Fried egg- served with bread, butter, jam and green salad   | 185,- |
| 1.4 Fine smoked salmon slices, served with green salad, bread, butter and jam                                 | 195,- |
| 1.5 Sweet pancake served with maple syrup, jam and slices of fresh fruit                                      | 195,- |

## **2. SHELANU'S BEST PIZZA Individual pie**

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|--|-------|
| 2.1 Pizza Margarita  | 285,- |
| 2.2 Choice of topping; mushroom / olive / onion / peppers / tomato | 20,-  |
| 2.3 tuna / smoked salmon / spinach / broccoli                      | 40,-  |
| 2.4 Pizza Blanc – with delicate cream sauce, spices and cheese     | 295,- |
| 2.5 Pizza Oriental – with tomatoes, peppers, zucchini, eggplant    | 320,- |

## **3. FALAFEL PLATTER**

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|--|-------|
| 6 falafel balls alongside hummus, tehina, matbucha, Israeli salad,<br>and our home-made <i>charif (hot sauce)</i> . Served with pita bread | 380,- |
|--|-------|

## **4. PANINI**

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|--|-------|
| 4.1 Tuna Melt - tuna, slices of tomato, onion, and mozzarella                    | 260,- |
| 4.2 Roasted Vegetable Panini - medley of zucchini, peppers, onion and mozzarella |       |
| 4.3 Cheese Panini –with slices of tomato on pesto                                |       |

## **5. CLUB SANDWICH**

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|---|-------|
| 5.1 Tuna Deluxe - with sliced egg, chopped vegetables and crispy lettuce leaves | 250,- |
| 5.2 Egg Salad – with fresh chives and mayo                                      |       |
| 5.3 Smoked Salmon – Norwegian smoked salmon with sliced tomato on mayo          |       |

## **TWISTERS**

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|---|-------|
| 5.4 Falafel Twister – 3 falafel balls on a toasted wrap with hummus     | 250,- |
| 5.5 Tuna twister – Tuna salad on a toasted wrap                         | 210,- |
| 5.6 Smoked salmon twister - Norwegian smoked salmon with tomato on mayo | 210,- |

## **6. PASTA**

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|--|-------|
| 6.1 Spaghetti Napolitano – with homemade tomato sauce, mozzarella and herbs            | 230,- |
| 6.2 Spaghetti aioli - with fresh tomato, basil, garlic, hot peppers and mozzarella     | 230,- |
| 6.3 Penne fungi – creamy mushroom sauce  | 250,- |
| 6.4 Penne with creamed broccoli sauce  | 250,- |
| 6.5 Tagliatelle al salmone con crema di spinaci -with fresh salmon and creamed spinach | 280,- |

## **7. SALAD COMBO served with a basket of homemade bread**

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|--|-------|
| 7.1 Hummus, Egg Salad, Matbucha, Vegetable                           | 220,- |
| 7.2 Additional bread   | 25,-  |
| 7.3 Hummus / tehina plate with fried mushrooms and onions            | 210,- |
| 7.4 Hummus / tehina plate with chickpeas and sliced egg              | 210,- |
| 7.5 Garden delight XL - Fresh veggie mix with tuna and smoked salmon | 250,- |

# Fish, Desserts & Drinks

<b>9. <u>SOUP OF THE DAY</u></b>	<b>95,-</b>
<b>10. <u>FISH</u></b>	
10.1 Pickled salmon served with rice and vegetables	<b>450,-</b>
10.2 Baked trout in garlic marinade, served with rice and vegetables	<b>430,-</b>
10.3 <b>Grandma's Pie</b> – Shelanu's favorite potato & tuna combo, served with green salad	<b>290,-</b>
<b>11. <u>DESSERTS</u></b>	
11.1 House pastries	<b>90,-</b>
11.2 Ice Cream - assorted flavors	<b>90,-</b>
<b>12. <u>SHELANU'S FAMOUS MILK SHAKES</u></b>	<b>90,-</b>
Strawberry & vanilla / banana & strawberry / pineapple & vanilla / kiwi / chocolate	
<b>13. <u>DRINKS</u></b>	
13.1 Soft Drinks - coke / diet coke / fanta / sprite	<b>45,-</b>
13.2 <b>Arizona Iced Tea</b> (480ml)	<b>90,-</b>
13.3 Iced Tea - peach / lemon (200ml)	<b>45,-</b>
13.4 Perrier	<b>50,-</b>
13.5 Mineral water - still / carbonated	<b>40,-</b>
<b>14. <u>JUICES</u></b>	
14.1 Fresh squeezed fruit juice	<b>90,-</b>
apple / orange / carrot / apple + carrot / orange + carrot + lemon	
14.2 Fruit Juice	<b>45,-</b>
apple / orange / pineapple / strawberry / tomato / grapefruit	
<b>15. <u>HOT DRINKS</u></b>	
15.1 Black tea	<b>45,-</b>
15.2 Fruit tea - assorted flavors	<b>55,-</b>
15.3 Hot chocolate	<b>90,-</b>
<b>16. <u>COFFEE</u></b>	
16.1 Espresso	<b>55,-</b>
16.2 Cappuccino	<b>65,-</b>
16.3 Latte Macchiato	<b>90,-</b>
16.4 Iced Coffee	<b>90,-</b>
16.5 Decaffeinated Coffee	<b>70,-</b>
<b>17. <u>KRUSOVICE BEER</u></b>	
17.1 330 ml	<b>45,-</b>
17.2 500 ml	<b>55,-</b>
<b>18. <u>SELECT ISRAELI AND ITALIAN WINE</u></b>	
18.1 Merlot	<b>85,-</b>
18.2 Chardonnay	<b>85,-</b>
18.3 Moscato	<b>85,-</b>

**NOTE: A MENU WITH THE LIST OF ALLERGENS IS AVAILABLE ON REQUEST.**

## Drinks

<b>10.1 <u>SOFT DRINKS</u></b>	<b>40,-</b>
coke / diet coke / fanta / sprite	
10.2 Iced Tea - peach / lemon	40,-
<b>11. <u>JUICES</u></b>	
11.1 Fresh squeezed fruit juice	80,-
apple / orange / carrot / apple + carrot / orange + carrot + lemon	
11.2 Fruit Juice - apple / orange / pineapple / strawberry / tomato / grapefruit	40,-
<b>12. <u>HOT DRINKS</u></b>	
12.1 Black tea	45,-
12.2 Fruit tea - assorted flavors	55,-
<b>13. <u>COFFEE</u></b>	
13.1 Espresso	45,-
13.2 Cappuccino	65,-
13.3 Latte Macchiato	90,-
13.4 Iced Coffee	90,-
13.5 Decaffeinated Coffee	70,-
<b>14. <u>WATER SELECTION</u></b>	
14.1 Perrier	50,-
14.2 Mineral water - still / carbonated	35,-
<b>15. <u>MILK SHAKES (PARVE)</u></b>	<b>90,-</b>
Strawberry & vanilla / banana & strawberry / pineapple & vanilla / kiwi & chocolate	
<b>16. <u>KRUSOVICE BEER</u></b>	
16.1 330 ml	45,-
16.2 500 ml	55,-
<b>17. <u>ISREALI AND ITALIAN WINE</u></b>	
17.1 Merlot	95,-
17.2 Chardonnay or Muscato	95,-

# Menu

## THE CHABAD GRILL

גלאט קושר למיהדרין - Glatt Kosher Lemehadrin

## Appetizers - specialty of the house

1. **MEDITERRANEAN PLATE** *served with a basket of homemade bread*
  - 1.1 Salad Combo: **330,-**  
Hummus - Babaganoush – Israeli salad - Matbucha - 3 Falafel balls
  - 1.2 Individual Salad **80,-**
  - 1.3 Israeli Salad **80,-**
  - 1.4 **THE FALAFEL PLATTER** **350,-**  
6 Falafel balls alongside hummus, Israeli salad and Matbucha
2. **THE HUMMUS BAR**
  - 2.1 Hummus with ground beef **250,-**
  - 2.2 Hummus with fried mushrooms and onions **230,-**
  - 2.3 Hummus with tender strips of chicken and chickpeas **250,-**
3. **SOUP**
  - 3.2 Soup of the day **95,-**

## Pasta & Sandwiches

4. **PASTA**
  - 4.1 Spaghetti Pomodoro – homemade tomato sauce **240,-**
  - 4.2 Ragù alla Bolognese – minced beef in herbed tomato sauce **280,-**
  - 4.3 Spaghetti Aglio e olio – delicate mix of tomato, basil, garlic and chili **240,-**
  - 4.4 Tagliatelle with fresh salmon and creamed spinach **280,-**
  - 4.5 Tagliatelle funghi – in creamy mushroom sauce **260,-**
  - 4.6 Tagliatelle pesto – grilled chicken strips with fresh basil and cream **280,-**
5. **HOT SANDWICHES** *served with French fries* **255,-**
  - 5.1 Corned Beef and pastrami
  - 5.2 Norwegian Smoked Salmon
  - 5.3 Chicken breast on pesto sauce **340,-**

## From the Grill

6. **FISH**
  - 6.1 Grilled trout *served with basmati rice and tomato sauce* **450,-**
  - 6.2 Grilled salmon filet *served with basmati rice and tomato sauce* **490,-**
7. **CHICKEN**
  - 7.1 Grilled chicken breast *served with basmati rice and tomato sauce* **465,-**
  - 7.2 Chicken skewer *served with french fries* **420,-**
  - 7.3 Crispy chicken Shnitzel *served with french fries* **420,-**
- MEAT**
  - 7.4 Hamburger – our very own, *served with french fries* **450,-**
  - 7.5 Steak entrecote (250gr) *served with herbed potatoes* **580,-**
  - 7.6 The **Prime Rib** – extra large and tender rib steak (400gr) **750,-**  
*served with herbed potatoes*
  - 7.7 Skewer entrecote *served with french fries* **480,-**
  - 7.8 Spicy beef kebab - *served with french fries* **420,-**

8. **ADDITIONAL SIDE DISH**
  - 8.1 French fries **90,-**
  - 8.2 Herbed potatoes **80,-**
  - 8.3 Basmati rice **80,-**
  - 8.4 Vegetable antipasti **100,-**
- 9.1 Chocolate mousse **125,-**
- 9.3 House pastries **90,-**
- 9.4 Ice Cream (Parve) **100,-**

## Desserts

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